YOUR BABY HAS YOU, YOU HAVE TEXT4BABY.

Text BABY (or BEBE for Spanish) to 511411

Get three **FREE** messages a week to guide you through your pregnancy and baby's first year. Text4baby delivers tips and info–through text messages and a free app–covering a wide range of pregnancy and baby health topics, including safety, immunizations, nutrition, safe sleep, developmental milestones and more. You can also get free appointment reminders. Simply text **REMIND (or CITA for Spanish) to 511411** and enter your appointment date and time.

text4baby℠

Text4baby is a free service of ZERO TO THREE and Voxiva.
Text **STOP** to discontinue service or **HELP** for technical help. Visit **www.text4baby.org**.
Please find our Privacy Policy & Terms and Conditions here **text4b.org/t01**.

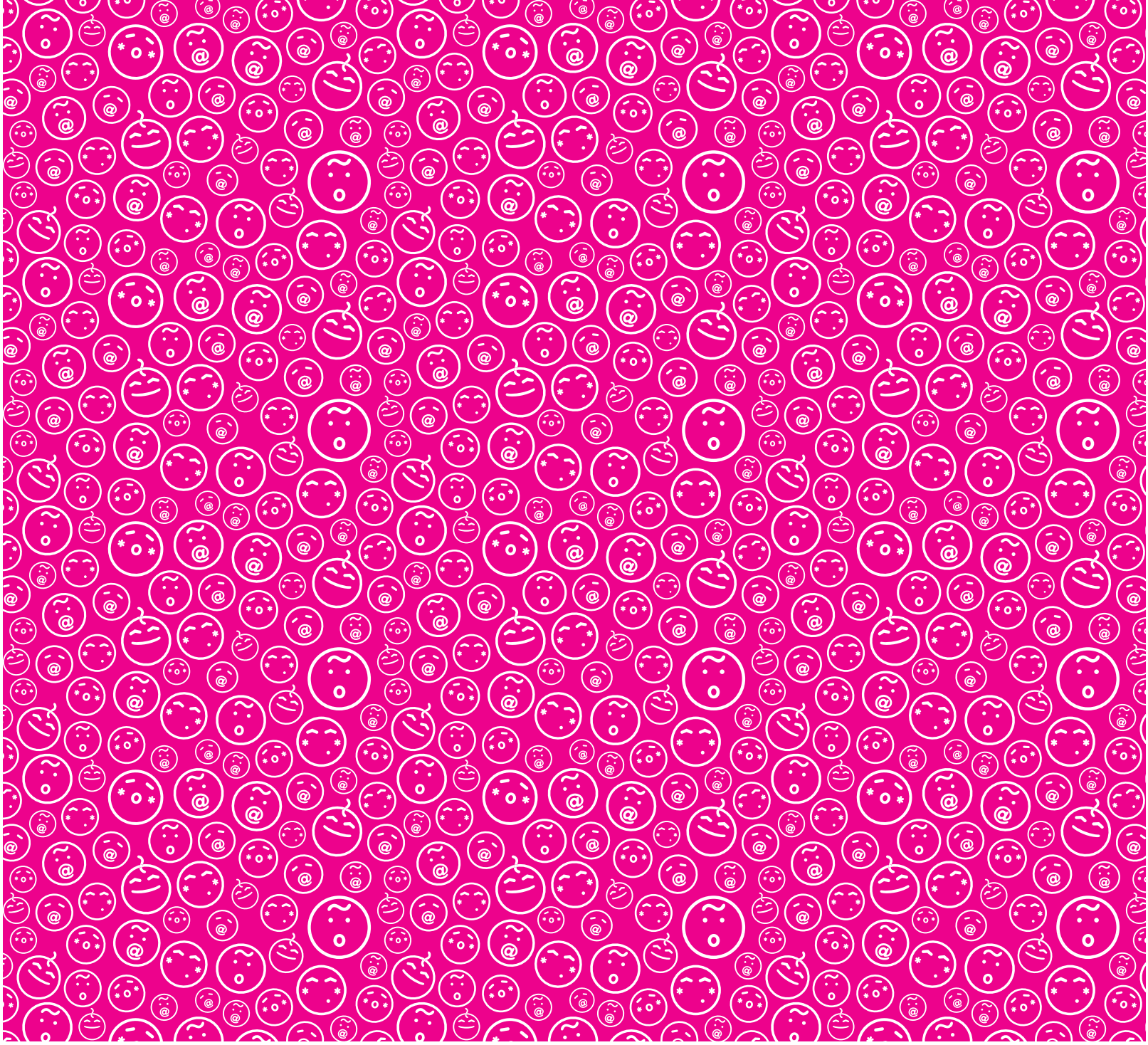
YOUR BABY HAS YOU, YOU HAVE TEXT4BABY.

Text BABY (or BEBE for Spanish) to 511411

Get three **FREE** messages a week to guide you through your pregnancy and baby's first year. Text4baby delivers tips and info–through text messages and a free app–covering a wide range of pregnancy and baby health topics, including safety, immunizations, nutrition, safe sleep, developmental milestones and more. You can also get free appointment reminders. Simply text **REMIND (or CITA for Spanish) to 511411** and enter your appointment date and time.

text4baby℠

Text4baby is a free service of ZERO TO THREE and Voxiva.
Text **STOP** to discontinue service or **HELP** for technical help. Visit **www.text4baby.org**.
Please find our Privacy Policy & Terms and Conditions here **text4b.org/t01**.



YOUR BABY HAS YOU, YOU HAVE TEXT4BABY.

Text BABY (or BEBE for Spanish) to 511411

Get three **FREE** messages a week to guide you through your pregnancy and baby's first year. Text4baby delivers tips and info–through text messages and a free app–covering a wide range of pregnancy and baby health topics, including safety, immunizations, nutrition, safe sleep, developmental milestones and more. You can also get free appointment reminders. Simply text **REMIND (or CITA for Spanish) to 511411** and enter your appointment date and time.

text4baby℠

Text4baby is a free service of ZERO TO THREE and Voxiva.
Text **STOP** to discontinue service or **HELP** for technical help. Visit **www.text4baby.org**.
Please find our Privacy Policy & Terms and Conditions here **text4b.org/t01**.