



Talking, reading and singing to
your baby helps her learn.

To find out how, text
**BABY (or BEBE for
Spanish) to 511411.**





Get three **FREE** messages a week on your cell phone to help you through your pregnancy and baby's first year.

Text4baby delivers messages covering a wide range of pregnancy and baby health topics, including early learning, immunizations, nutrition, and developmental milestones, as well as parenting tips and videos from Sesame Street.

As a Text4baby mom, you can also get free appointment reminders. Simply text **REMIND (or CITA for Spanish) to 511411** and enter your appointment date and time.

Brought to you in partnership with "Talking is Teaching: Talk, Read, Sing," a campaign of Too Small to Fail. Learn more at www.talkingisteaching.org.



Visit www.text4baby.org. Text STOP to discontinue service or HELP for technical help.

