



Talking, reading and singing to your baby helps her learn.

To find out how, text BABY (or BEBE for Spanish) to 511411.



Get three free messages a week on your cell phone to help you through your pregnancy and baby's first year.

Text4baby delivers messages covering a wide range of pregnancy and baby health topics, including early learning, immunizations, nutrition and developmental milestones, as well as parenting tips and videos from Sesame Street.

As a Text4baby mom, you can also get free appointment reminders. Simply text **REMIND** (or **CITA for Spanish**) to **511411** and enter your appointment date and time.

Brought to you in partnership with "Talking is Teaching: Talk, Read, Sing," a campaign of *Too Small to Fail*.

Learn more at www.talkingisteaching.org.

